

IMPORTANT...PLEASE READ THIS BEFORE YOUR EXAMINATION

REGARDING YOUR INSURANCE & COSTS

Our office is always trying to make things easier for our patients. We have found that there is no substitute for effective communication. This is particularly true with respect to insurance coverage and out of pocket costs to our patients. Although we are not required to obtain and discuss your insurance benefits, we do so as a courtesy to you as our patient.

Once you provide us with your insurance information, we will do our best to determine your specific chiropractic healthcare benefits. The information we receive is directly obtained from calling your insurance company and does not constitute a guarantee of payment. **Ultimately, understanding your health plan, its benefits and the responsibility of payment for services incurred resides with you.**

REGARDING YOUR INDIVIDUALIZED CARE

Please understand that in our office there is a standard formula that is followed for care:

$$X + Y = Z$$

X represents the symptoms and health of the body that you are bringing to our office. We have neither control nor responsibility over this. Examples include past injuries, spinal joint arthritis, scoliosis, stress, postural problems, degenerated discs, chronic headaches etc.

Z represents the results that you are looking for. This may include relief of symptoms, better range of motion, increased strength, return to activities, avoidance of surgery, etc.

Y represents the treatment protocol that Dr. Ambrose feels is best indicated to bring your body the best possible results. It is the bridge between your current state of health and where you want to be in the future. The term 'Treatment Protocol' includes recommended procedures on each visit, appropriate visit frequency, avoidance of certain activities and the completion of supportive home exercises/activities. **For best results, it is important to follow Dr. Ambrose's care recommendations and to keep your scheduled appointments.**

Personal schedule, limited insurance, work hours, location and financial situation have no relationship to the care plan and treatment that Dr. Ambrose prescribes for your individual situation. It's not that we don't care...we do. It generally comes down to keeping your appointments and giving your body time to heal.

We understand that you are in discomfort and are seeking relief. Dr. Ambrose is an expert in both locating and treating spinal dysfunction. His care is centered on providing maximum relief, while also restoring the function and health of your spine. This is a job that our office takes very seriously.

IMPORTANT NOTE: Dr. Ambrose gives a community lay lecture each month on Tuesday and/or Thursday. The classes are from 12 Noon – 12:45 PM and 7:15 – 8:00 PM and as a new patient, you are expected to commit to attending a single class. We have found that well-educated patients not only get better results, but they ultimately understand more about chiropractic and can help others get better too. Sign-up is easy and you may bring others who are interested.

Welcome to our office. We look forward to helping you.

The Staff of Completely Natural Chiropractic